

Rebound

STAND

Program

(Stop, Think and Decide)



Many young people make quick impulsive decisions that bring them into contact with police. Youth sometimes fall into the trap of negative peer pressure. The aim of Rebound's STAND Program is to empower young people aged 8 - 17 through motivational strategies to help enable them to make responsible decisions for themselves.

How does the program work?

Trained staff lead youth in exercises with the goal of helping young people understand the impact of their decisions and teach strategies to make better, informed decisions.

The program serves as a standalone program for youth and also as a transitional program for others awaiting other Rebound services. Rebound staff meet with the young person one-on-one to address ways to make better, more positive decisions.

What behaviours does STAND target?

STAND helps youth to avoid falling into the trap of negative peer pressure that could lead to criminal behaviours, such as shoplifting and mischief. Police refer these young people to Rebound and if youth successfully complete the program, charges are not laid.

The program is recognized by Ontario's Ministry of Children and Youth Services.

SARNIA - LAMBTON



Rebound
**Supporting Youth
Strengthening Community**

How are referrals made?

The bulk of referrals come from police and court. With judges presiding over hundreds of cases each year, the program offers a real and effective alternative to court.

For more information on the program contact Sarnia-Lambton Rebound at 519-344-2841, by email at kelly@reboundonline.com or visit the website at www.reboundonline.com.